

Mental Health Services

Here to listen. Ready to help.



117-119 Roosevelt Ave. Plainfield, NJ 07060 908.756.6870 with Info@MyCenterPath.org

How can we help?



CenterPath Wellness has licensed clinical staff ready to provide mental health supports to you and your family.

You are not alone. No matter the situation, we are here to help you reach your mental health goals and get back to living your life to the fullest.



Individual Counseling

Personalized care provided by our Master's level, licensed clinicians with experience treating depression, anxiety, stress, mood disorders, and trauma. We help with diagnosis and establishing a treatment plan for our patients. In-person and telehealth options available.

Partial Care Program

Group therapy in a supportive environment, treating individuals recently discharged from hospitalization and those needing additional structure. Our warm and nurturing staff of mental health professionals are dedicated to meeting clients where they are as they collaborate on individualized treatment goals.

Medication Management

Our Advanced Practice Nurses are trained and licensed in the prescribing of psychiatric medication. They conduct initial evaluations of clients, discuss medication options, and provide ongoing monitoring of benefits, side effects, and related medical concerns. Injection services also available.

